

a young mothers heart

#motherhood #pregnancy #family

January Bible Study: Strengthening the Family

Tips

- Join the Facebook Group weekly to stay up to date with lessons and chat with other mamas in the study
- You can either print these weekly guides and add them to a binder or you can take notes in your own notebook for your personal reference.
- Set aside a time daily to read your bible and reflect on what the reading and scripture means for your family.
- Take a moment just to sit before God and ask him to speak specifically to your heart and your families needs as you read. Take that same moment of silence after you've read to listen and hear from God. We tend to rush through studying and instead don't meditate and that's often when we hear God's voice the loudest. Don't forget the power in meditation.

January 1

Motivation

Hebrews 10: 24-25 Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.

God created the family unit for relationship. That means spending time together to learn and love one another. It takes encouraging one another towards good works and love!

One thing that's stated in today's verse is let's not neglect our meeting together. Families are spending less and less time together with busy schedules and the constant draw of technology keeping everyone in their own bubbles.

We have to be intentional about assembling together and using that time to disciple our children and love on our spouses. Listen to the hearts of the people you love the most and look for ways to encourage and build them up.

I pray your family knows how wonderful it is to spend time together learning and loving one another. Look for opportunities to encourage your family to love and perform good works this week. Challenge and reward your children for showing random acts of kindness towards each other and speaking without bickering (that's a big one in our house!).

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- Visit blueletterbible.com
- In the right hand corner you'll see a box where it says verse. Type in *Hebrews 10: 24-25 NLT*.
- Hover your mouse over tools and click interlinear.
- Next to the word love click on the number under the Strong's column
- Now look at the outline of Biblical Usage and take note of how this word is used in the bible.
- Now go back and next to the word deed click on the number under the Strong's column
- Now look at the outline of Biblical Usage and take note of how this word is used in the bible.

Love	Deeds

- Now let's look at Hebrews 10:25 more closely.
- Hover your mouse over tools and click interlinear
- Next to the words "encourage one another" click on the number under the Strong's column
- Now look at the outline of Biblical Usage and take note of how this word is used in the bible.
- Now go back and next to the words "is the habit" click on the number under the Strong's column
- Now look at the outline of Biblical Usage and take note of how this word is used in the bible.

"Encourage One Another"	"Is the Habit"

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What is God telling me to do with my family? _____

How can we intentionally assemble together this week? ? _____

How specifically will encourage one another? ? _____

Kids Craft : If you're having your children follow along with this study have them cut out the shape of a home from construction paper (a simple triangle and square they can glue together). On the front of the house have them write or draw out three ways to encourage one another as a family. Hand it proudly on your fridge as a reminder of what you all are striving for as a family.